

National Autistic Society Schools Quality of Life framework

What is the Quality of Life (QoL) framework?

Our framework is about listening to each pupil, their parents and their key worker to understand what is important to them.

By working closely with each pupil and their family, we try to develop a deep knowledge and understanding of each individual, how best to support them and how to adapt and personalise aspects of their school life.

Working as a team, we carefully plan your child's education around their Education Health and Care Plan (EHCP) and agreed developmental goals.

Learning in our schools not only supports academic development, but importantly also supports your child to develop independence, social participation and wellbeing. We aim to build pupils' knowledge and skills now and for the future.

Putting the pupil and family at the centre

Objectives



Pupils

and families

ector's influence

Board of trustees

Transdisciplinary



Quality, assurance, governance and reporting

We consult with parents through:

- questionnaires about quality of life
- questionnaires about your child's learning and educational provision
- annual review meetings
- parents' evenings
- informal meetings
- discussions with your child's key

We want to understand what communication methods work best for families.

What does the curriculum include?

Skills for learning

- **Self-management**
- **Taking part**
- Independent learning
- **Team working**
- Reflective thinking
- Planning and organisation skills

Individualised learning

Early years curriculum (if applicable)

Work on individual subjects (both published

Vocational and academic qualifications

programmes and programmes developed in-house)

EHCP outcomes

Academic curriculum

Academic assessments

- Individual therapy programmes
- Pathways to vocational and academic qualifications
- Other learning informed by QoL discussions

Functional independence

- Self-care
- Personal safety
- Independent living skills

Communication and social development

- Social and communication programmes assessments
- Social skills groups
- Diagnostic assessments

Personal development

- Wellbeing
- Emotional resilience
- Social, moral, spiritual and cultural (SMSC) education
- Self-efficacy (belief in your abilities)
- Growth mindset/goals

My future

- Employability and careers
- Work related learning/ skills for work
- Work experience
- Transition planning