

# National Autistic Society Schools Quality of Life framework

## What is the Quality of Life (QoL) framework?

Our framework is about listening to each pupil, their parents and their key worker to understand what is important to them.

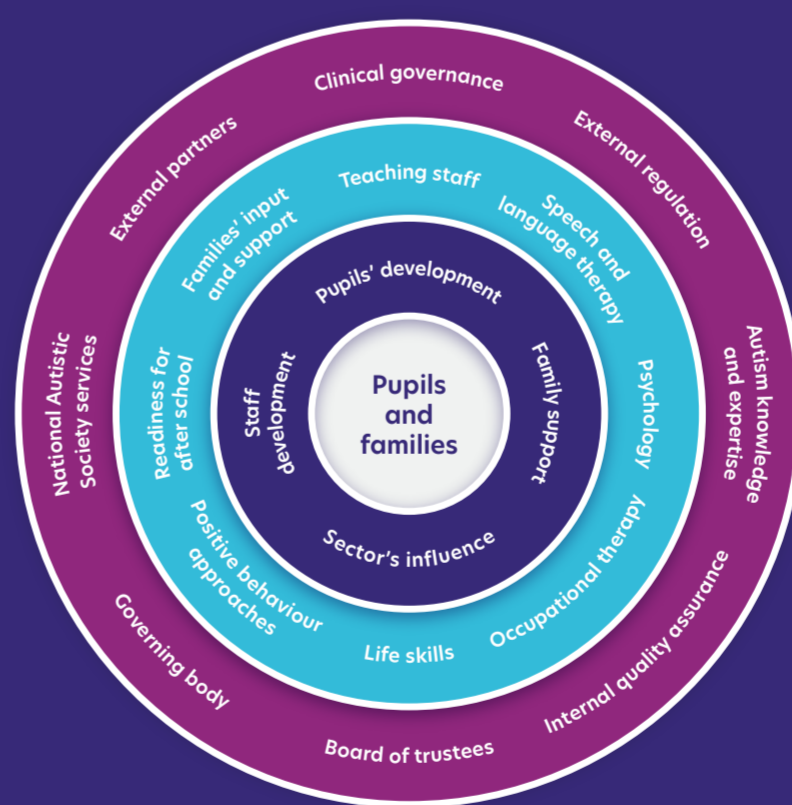
By working closely with each pupil and their family, we try to develop a deep knowledge and understanding of each individual, how best to support them and how to adapt and personalise aspects of their school life.

Working as a team, we carefully plan your child's education around their Education Health and Care Plan (EHCP) and agreed developmental goals.

Learning in our schools not only supports academic development, but importantly also supports your child to develop independence, social participation and wellbeing. We aim to build pupils' knowledge and skills now and for the future.

### Putting the pupil and family at the centre

- Objectives
- Transdisciplinary team
- Quality, assurance, governance and reporting



### We consult with parents through:

- questionnaires about quality of life
- questionnaires about your child's learning and educational provision
- annual review meetings
- parents' evenings
- informal meetings
- discussions with your child's key worker.

We want to understand what communication methods work best for families.

### What does the curriculum include?

#### Skills for learning

- Self-management
- Taking part
- Independent learning
- Team working
- Reflective thinking
- Planning and organisation skills

#### Individualised learning

- EHCP outcomes
- Individual therapy programmes
- Pathways to vocational and academic qualifications
- Other learning informed by QoL discussions

#### Academic curriculum

- Early years curriculum (if applicable)
- Work on individual subjects (both published programmes and programmes developed in-house)
- Academic assessments
- Vocational and academic qualifications

#### Functional independence

- Self-care
- Personal safety
- Independent living skills

#### Communication and social development

- Social and communication programmes assessments
- Social skills groups
- Diagnostic assessments

#### Personal development

- Wellbeing
- Emotional resilience
- Social, moral, spiritual and cultural (SMSC) education
- Self-efficacy (belief in your abilities)
- Growth mindset/goals

#### My future

- Employability and careers
- Work related learning/skills for work
- Work experience
- Transition planning