

Contributor	Hema Sridhar Teacher
Article title	Holi Celebrations/Spectrum Day 2023 Sybil Elgar School
Overview / background of what	Holi is a spring festival also known as the festiva
the event is about	colours or the festival of love.
(WHAT?)	It is an ancient Hindu religious festival,





Henna designs



estival also known as the festival of stival of love.

- Holi celebrations start the night before, where people gather, sing and dance.
- The next morning is a free-for-all carnival of colours
- where participants play, chase and colour each other with dry powder and coloured water,
- With some carrying water guns and coloured water-filled balloons for their water fight.
- Anyone and everyone is fair game, friend or stranger, rich or poor, man or woman, children and elders.
- Fight with colours occurs in the open streets, open parks, outside temples and buildings.
- Groups carry drums and musical instruments, go from place to place, sing and dance.
- People move and visit family and friends,
- first play with colours on each other, laugh and chit-chat, food and drinks
- People dress up, visit friends and family.

Spectrum Day

This gave us the opportunity to celebrate with colour and mark the occasion.



Highlights of the event	To run a variety of activities throughout the day,
	celebrating Indian Music, Rangoli art design, Henna skin
	designs and Indian foods. As part of the celebrations to
HAPPY	decorate white sheets by throwing special powder paint.
730CO	Anticipate that children and staff who want to participate
	will also get powder paint on their clothing and skin,
	which is traditionally all part of the fun!
Level of student engagement	Students can use special powder paint to have thrown on
	white t-shirts.
	Henna designs printed on their hands.
	Use this occasion to listen and dance to Indian music as
	part of the culture and tradition.
How will students know what to	Give support by getting involved with the Holi festival.
do?	Demonstrate and role-model for students to know what to
(HOW?)	do. Use visual instructions.
Original worksheets to use as	
downloadable resources for	w
remote learning	
	holi presentation
	and worksheets.doc
	Description: A Hindu festival of colours – Story of Holi
Links to online worksheets /	https://www.youtube.com/watch?v=N3981LM9UX0
activities	https://youtu.be/E7NZEtivn0s
activities .	https://youtu.be/Hh-o5g4tLVE
	https://youtu.be/AbFIkJ8KFZ8
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